

## Dual Purpose Bikes

# OFF-ROAD DUAL PURPOSE COURSE (DP1)

This course is designed around the principles of mastering the essential skills and practical application in various terrain types/forms. It is a weekend course that is directed at preparing the individual to the level of "green" routes.



**Skill level**  
**Advanced**



**Duration**  
**Sat 8:30 -**  
**Sun 13:30**  
Course times may vary



**Price/person**  
**R2195**  
**Pillions**  
**R1000**



A minimum of 7 students is required to run this course

Find us on  

### Course Outline

This course covers aspects such as:

- » Basic tools and puncture fixing
- » Night riding
- » Uphill recovery
- » Sand riding
- » Jumping the fox hole amongst other aspects

The course is an essential element of any preparation for long solo or group dual purpose trips. For riders that have completed the DP Course, this course provides the extension to mastering pillion riding in various types of terrain.

### Who Should Attend this Course?

This course is ideal for riders who wish to refresh their basic skills as well as those that need to create a real understanding of applying basic off-road riding skills in varied off-road circumstances.

### Pre-Requisites

The following is required in order to attend the course:

- » The student must be able to ride a motorcycle comfortably on normal roads and / or off-road terrains
- » The student must have basic riding kit such as helmet, goggles, gloves, sturdy pants and proper ankle protection

### Pricing

This course includes:

- » Instructor for the duration of the course
- » Full access with the instructor to the training facility
- » All meals and refreshments for the weekend

*Note: Students are required to use their own bike. However, should you not have your own, you are welcome to rent a bike and riding gear for an additional R750.00 per day.*

### How to book

E-mail [info@adasa.co.za](mailto:info@adasa.co.za) or [heine@adasa.co.za](mailto:heine@adasa.co.za) or 079 637 5465

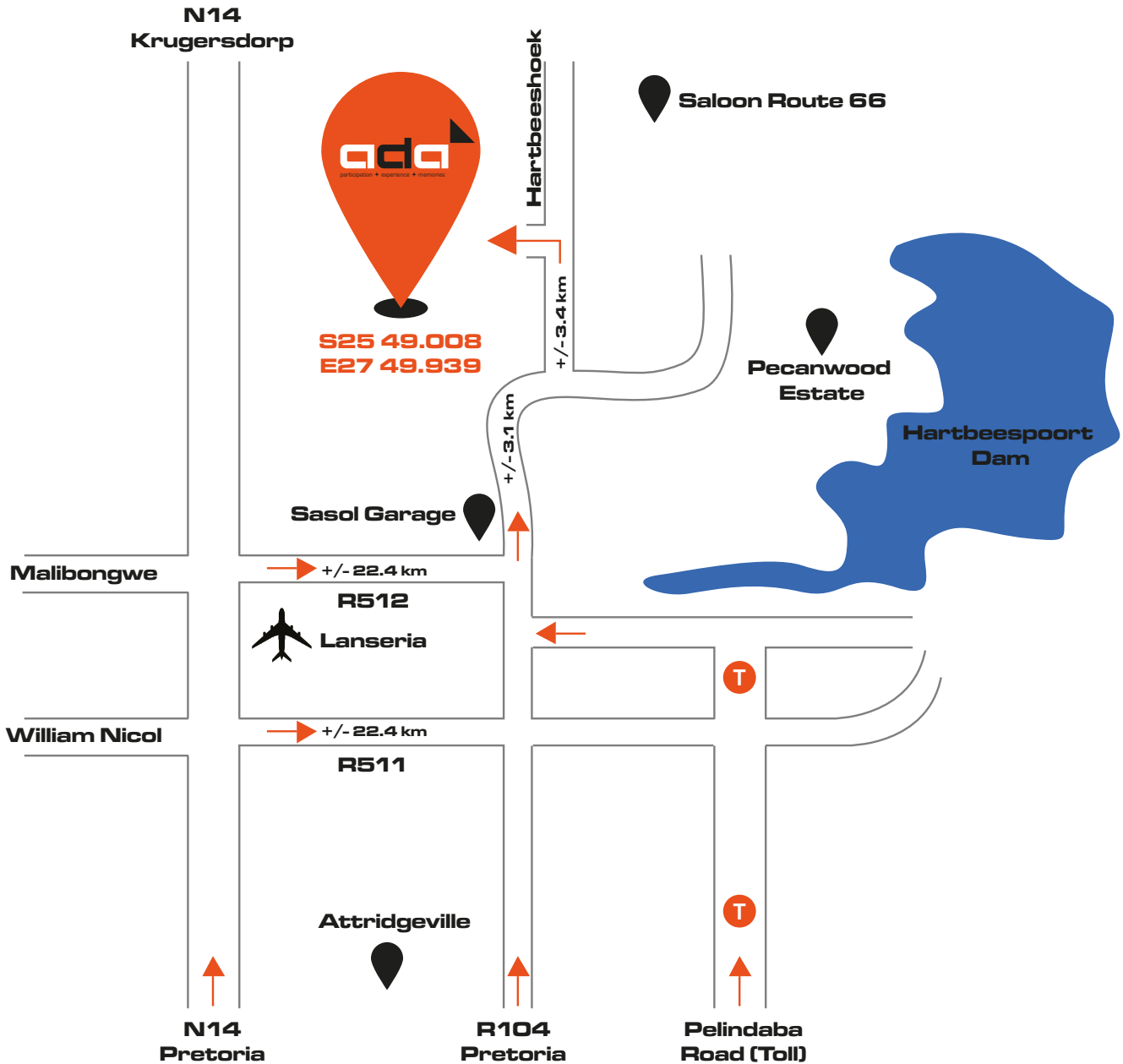
[www.adasa.co.za](http://www.adasa.co.za)

## Map & directions

Find us on Google Maps: ADA Training and Outdoor Centre

### From Johannesburg / Krugersdorp

Take R512 past Lanseria towards Hartbeespoort Dam.  
From N14 to T-junction at R104 travel about 22.4 km.  
Turn left at T-junction towards Hartbeespoort Dam.  
After approximately 3.1 km turn left on Hartbeeshoek Road (D400).  
After approximately 3.4 km turn left into the ADA Training & Outdoor Centre.



### From Pretoria East

Take the N14 towards Krugersdorp.  
Turn right at the R512 off-ramp towards Hartbeespoort Dam.  
After approximately 22.4 km, turn left.  
After approximately 3 km turn left again toward Hartbeeshoek (D400).  
After approximately 3.4 km turn left into the ADA Training & Outdoor Centre.

### From Pretoria North

Take the Pelindaba toll road.  
After the last toll gate, take the off-ramp to the left.  
At R104 turn right towards Hartbeespoort Dam.  
After approximately 9.5 km and turn left toward Hartbeeshoek (D400).  
After approximately 3.4 km turn left into the ADA Training & Outdoor Centre.