

Heavy Motorcycle Training

(Harley Davidson, Indian, Honda Goldwing and other)

RIDER SKILLS COURSE

The purpose of this course is to:

- » Provide entry or re-entry to the sport of heavy motorcycle riding for experienced riders.
- » Provide training to experienced riders that want a heavy motorcycle rider skills refresher.
- » Provide additional practice for development of heavy motorcycle rider confidence focusing on riding safely and defensively.
- » Prepare a rider for the Advanced Skills Rider Course.





Skill level

Intermediate



Duration

7 hours

Course times may vary



Price/person

R1950



A minimum of 5 students is required to run this course

Course Outline

Theory session (+/- 2 hours). Syllabus covered:

- » Understanding the motorcycle controls
- » Pre Ride checklist
- » Rider Safety and Rider Safety Equipment
- » Hand signals

Practical training session (+/- 5 hours) in closed off training area. Syllabus covered:

- » Motor cycle familiarisation, Friction zone
- » Slow cone weave, Slow left to right and right to left, staggered offset cone weave
- » U-Turn, Circle (riders encouraged to experience the maximum lean of their motorcycles), Figure 8, Multiple U-Turns "Iron Cross"
- » Emphasis placed on front wheel placement
- » Emergency braking, Counter steering, and Proper method of picking up a downed motorcycle

Riders that master the techniques presented in this course become competent to progress to the Advanced Rider Skills Course.

Who Should Attend This Course?

For existing riders, riders moving up to a heavy motorcycle, experienced heavy motorcycle riders wanting to enhance and refresh existing rider skills.

Pre-Requisites:

The following is required in order to attend the course:

- » Participant must be able to ride a heavy motorcycle
- » Participant must have appropriate riding gear:
 - A CE / SABS-approved helmet
 - Eye protection, sunglasses, goggles, or glasses
 - Long sleeve shirt or jacket as well as long pants, preferably jeans or leather
 - Over the ankle boots or shoes
 - Full fingered gloves
- » You will not be permitted to participate in the practical, range sessions without proper riding gear.

Pricing

This course includes:

- » Instructor for the duration of the course
- » Tea and coffee on arrival and a light lunch at the ADA training & outdoor centre
- » Participants will receive either "Participation" or a "Successfully Completed" course certificate

How To Book

Email info@adasa.co.za or heine@adasa or call 079 637 5465











COURSE BOOKING FORM



Personal Details	6	
Name:		Surname:
	Age:	ID number:
Cell no:		E-mail address:
Emergency contact:		Special dietery requirements:
Vehicle make:	Vehicle model:	Vehicle Identification number (VIN):
Course Details Course:		Date:
Own Bike	Academy Bike (Rental)	
Own Vehicle	Academy Vehicle (Rental)	Beginner Intermediate Advanced
Comments:		

Bank Details

(ADA) African Dream Adventure, Absa Account Number: 408 0020 345, Universal branch code: 632 005

Terms and Conditions

- 1. BOOKING: Bookings will only be considered as confirmed once full payment has been received. To confirm your booking, please pay full amount directly into our account. Email the signed and completed form along with the indemnity forms for all participants and proof of payment confirmation to us on info@adasa.co.za
- DEPOSIT: A non-refundable deposit of 50% is payable immediately. The balance is due 3 days prior to the course date.
- CANCELLATION: (a) In the event of cancellation by you 10 or more days prior to the course date, you will receive a full refund minus R150 per person administration fee. (b) If you cancel 5 - 9 days prior to the course date, your deposit is forfeited. (c) If you cancel 3 - 4 days prior to the event you will receive 25% of the full amount. (d) If you cance the following is required in order to attend the course: person with another person without pe The following is required in order to attend the course: $\frac{1}{2} \frac{1}{2} \frac{1$
- program. Furthermore, ADA may canc.» Participant must have appropriate riding gear: know before arrival. However this migh another course convenient to them at
- 5. POSTPONEMENT: Your deposit is the original course date (and subject to date and may be transferred a maximu
- REFUNDS: Course payments WIL INDEMNITY: The undersigned par»
- his (her)(their) heirs, successors, repres representatives and those governmen

4. CANCELLATION BY ADA: ADA r.» Participant must be able to ride a heavy motorcycle

- A CE / SABS-approved helmet
- Eye protection, sunglasses, goggles, or glasses
- Long sleeve shirt or jacket as well as long pants, preferably jeans or leather
- Over the ankle boots or shoes and full fingered gloves

You will not be permitted to participate in the practical, range sessions without proper riding gear

action, including but not limited to all bodily injuries and property damage arising out of participation in the course referred to above, it being specifically understood that the said course includes the operation and use by the undersigned participant and others of motorcycles, quads, vehicles and trucks. The undersigned further agree(s) to indemnify the organisers, its employees, members, agents, representatives and those governmental agencies and other organisation(s) affiliated with this project, and hold them harmless for any liability, loss, damage, cost, claim, judgement or settlement that may be brought in said course as a result of the undersigned's participation in said course. This indemnification shall include attorney's fees incurred in defending against any claim or judgement and incurred in negotiating settlement. It is understood and agreed that the undersigned shall have the opportunity to consent to any such settlement, provided, however, that such consent shall not be unreasonably withheld. Furthermore, the participant agrees to abide by the safety rules of the event and agrees not to undertake any action not included in the programme.

Signature (Guardian if under 18 Years) Date Find us on e-mail: info@adasa.co.za or heine@adasa.co.za participation + experience + memories www.adasa.co.za TRAINING



www.adasa.co.za (f) @adatraining

Admin: Heine:

079 637 5465 083 226 1494

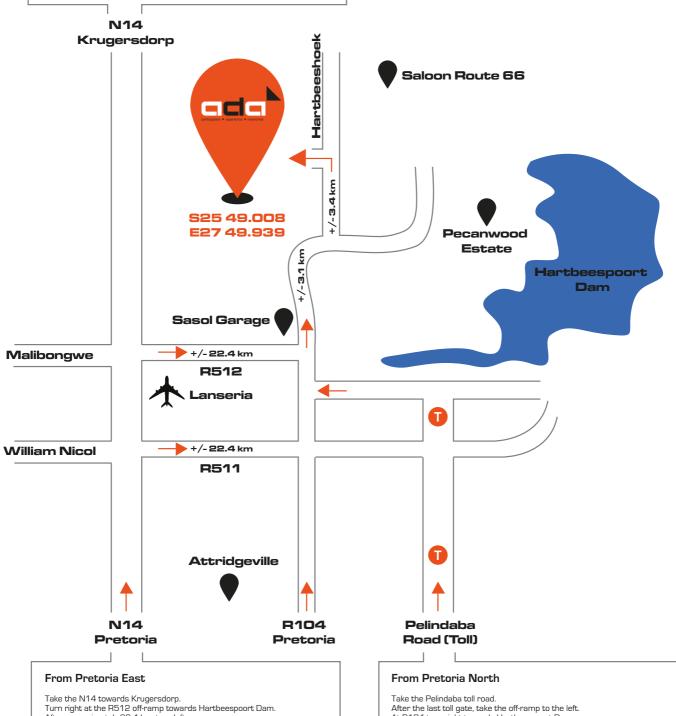
Map & directions

Find us on Google Maps: ADA Training and Outdoor Centre

From Johannesburg / Krugersdorp

Take R512 past Lanseria towards Hartbeespoort Dam. From N14 to T-junction at R104 travel about 22.4 km. Turn left at T-junction towards Hartbeespoort Dam. After approximately 3.1 km turn left on Hartbeeshoek Road (D400).

After approximately 3.4 km turn left into the ADA Training & Outdoor Centre.



After approximately 22.4 km, turn left.

After approximately 3 km turn left again toward Hartbeeshoek [D400].

After approximately 3.4 km turn left into the ADA Training & Outdoor Centre.

At R104 turn right towards Hartbeespoort Dam.

After approximately 9.5 km and turn left toward Hartbeeshoek (D400).

After approximately 3.4 km turn left into the ADA Training & Outdoor Centre.